



# SPINNAKER SAILING SAN FRANCISCO

## ASA Basic Coastal Cruising

Fee: \$1095/person (\$1045 midweek)

ASA Test \$40

This course is a continuation of the Basic Sailing Certification program. Each lesson will consist of a one and a half hour classroom session and a four hour on the water session on the open San Francisco Bay. Classes are held aboard the infamous Santa Cruz 27 keelboats (all of our 27's have at least one sail to Hawaii). Basic Coastal Cruising is for national certification by the American Sailing Association. Graduates are certified to sail auxiliary powered sailboats up

to 27 feet in moderate winds and sea conditions.

Students should be graduates of Basic Sailing 2 or equivalent. ASA Basic Keelboat Sailing certification is a prerequisite for ASA Basic Coastal Cruising certification.

Students should bring foul weather gear (at least a waterproof jacket) and wear deck boots, tennis or deck shoes (no black soles please). We will be sailing in the Slot and you will get wet on the way to Angel Island.

### Day 1

- Introduction
- Chart Interpretation
- Tides & Currents
- ETA Calculations (Time, Distance & Speed)
- Docking
  - Docking Practice
- Anchoring Techniques
  - Anchoring Practice
- MOB Review
  - MOB Practice

### Day 2

- Homework Review (Q&A Session)
- Local Sailing Conditions
- Headsail Change Underway
- Gybe Preventer & Whisker Pole
- Heave to
- Emergency Procedures
- Basic Navigational Skills
- Sail to Angel Island (practice all above)

### Day 3

- Review for ASA Written Test
- Knots
- Docking Review
  - Docking Practice
- Navigation Review
- MOB Practice
- Reefing Review
  - Reefing Practice
- Practice for ASA On-the-Water Test

### Day 4

- Course Review
- Take ASA On-the-Water Test
- Graduation and ASA Certification

IMPORTANT NOTE: It is highly recommended to have the class schedule their group solo sail upon ASA graduation. Ideally, this sail should take place within 3 weeks of graduation.

## Basic Coastal Cruising Schedule

Basic Coastal Cruising is offered several ways to accommodate students varying schedules.

### Midweek

#### Accelerated Schedule

3 Days in a row - 1 week total

Classes start the 2nd & 4th weeks of each month  
Mon - Weds 11:00 am - 5:00 pm

## Weekend

#### Standard Schedule

2 Days per weekend (Saturday and Sunday in the same Weekend for 2 consecutive weekends)

- 2 weekends total time.

Classes start the 1st and 3rd weekends of the month  
Sat & Sun 11:00 am - 4:00 pm

Basic Sailing 2 or sufficient skills are pre-requisite to Basic Coastal Cruising. Once you pass this class you can charter our fleet up to 27'. You need 5 charters South of the Bay Bridge then another 3 charters in the middle Bay to meet the pre-requisites for Intermediate Coastal Cruising which certifies you up to 50' internationally. You will take the written exam the last day of class and the fee for this is \$35.

