



# SPINNAKER SAILING SAN FRANCISCO



## ASA 101b Basic Keelboat Sailing 2

Fee: \$700/person (\$650 midweek)  
or buy BKS 1&2 for \$1250 (\$1200 midweek)

We offer the lowest student to instructor ratio in the USA with only 2 students to 1 instructor. The BK2 course gives students additional time on the water to refine those skills learned in the BK1 as well as introducing new fundamentals that are more effective in maneuverability and

control. Classes are held aboard our new Andrews 21' keelboats. All classes are on the water where students can work at becoming safe, confident and capable sailors on the Bay. Basic Sailing 2 is for national certification by the American Sailing Association - ASA 101

### Day 1

- Introduction
- Course objectives & certifications.
- Keel design
- Check List
- Spring Lines
  - Effects of wind & current.
- Engine
  - Operation
  - Checklist
- Practice Session, Engine & Docking
- Boat Set-up
- Basic Local Navigation
- Reefing Review
- Use of Jib Telltales
- Practice Session, Upwind Skills, Tacking & Jibing
- Secure Boat
- Homework

### Day 2

- Question and Answer Session
- Certification Checklist
- Set up boat
- Explain boat balance
- Review MOB procedures
- Weather Helm/Lee helm
- Practice Session, MOB, Rudderless Steering
- On Water Test
  - Rigging and Departure
  - Points of Sail
  - Head Up/Bear Away
  - Tacking & Jibing
  - Luffing Up
  - Sail by-the-lee
- Graduation Basic 2
- Certification Award

## Basic 1 Schedule

Basic 1 is offered several ways to accommodate students varying schedules.

### Midweek

#### Accelerated Schedule

2 Days in a row - 2 days total (usually taken concurrently with Basic )

Classes run every Wednesday and Thursday of each month.  
10:00 am - 2:00 pm.



## Weekend

#### Accelerated Schedule

2 Days per weekend (Saturday and Sunday in the same Weekend) - 1 weekend total.

Classes run every weekend Sat & Sun

Sat & Sun 10:00 am - 2:00 pm

Basic Keelboat 1 or sufficient skills are pre-requisite to Basic Keelboat 2. Wear casual clothes, bring a jacket and wear sunscreen. No black soled shoes please, they leave marks on our new boats. This class is required to enroll in Basic Coastal Cruising. You can elect to take the BKS Written Examination at the end of this class. Cost is \$75 for the ASA lifetime certification tracking (one-time fee) and \$50 for the test itself.

**\*\* DISCOUNTS - Sign up for both Basic Keelboat I&II at the same time and save \$150.00**

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